# CONSULTANCY CHECKLIST HIGH PERFORMER

(DTN <45 min & Recanalization rate >10%)



Requires approximately 1.75 days of consultancy

### HOSPITAL INFORMATION

NAME:

ADDRESS:

CONTACT DETAILS:

#### STROKE CHAMPION:

#### **HOSPITAL STATUS**

Door to Treatment Time	:	Recanalizatio	on Rate		%
Referral Network		Stroke Unit			
Pre-hospital Priority Actions	Diagnose	Choose Hospital	EMS Tran	isport	Pre-notify
Hyper-acute Priority Actions	Pre-notify	Direct to CT	POC test	Treat at CT	
Decision Making Priority Actions	Diagnose	Bleed/no bleed	Severity	Contrain	dications
Post-acute Priority Actions	Fever S	Sugar Swallov	ving		
Checklists available and used for eve	ery patient				

## **Step 0: Hospital First Contact**

High performer hospitals are very experienced and on top of the main scientific, clinical and organizational topics – national and international. They are part of a network and, often, are a comprehensive center. They present their own story on how they became high performing, but many times the other hospitals seem to forget that as they look at high performers as perfect models where everything is possible.

Many times, these teams can feel frustrated as they know the quality of the work performed daily, however it is not recognized within their

ACTIONS		
	Approve hospital/HCP on Angels Website	
	Make contact with hospital/HCP	
	Set date for first meeting with hospital/HCP	
	Send Welcome Letter	
	Find point of contact/entrance (if hospital didn't enrol by themselves)	
	Meet the Stroke Team	
	Identify stroke champion	
	Meet hospital director/head of department	
	Show them how easy it is to get an award	

hospital. Another frustration point might be that the network doesn't come along with the same rhythm and/or vision of stroke treatment.

The challenge is for them to see the advantage of joining Angels. The first and most obvious tool is the ESO-Angels Awards, giving them the recognition that they deserve on national and international level. Second, to ensure that internally, the performance of each team member is standardized, even when there are newcomers. Third, Angels can help them to reinforce the pieces of the network. **Start** with WHY!

SUGGESTED MATERIALS				
	Hospital Resource Form			
	Initial Angels presentation: International perspective, Angels video, mapping, achievements to date, country community, golden standards of other countries (Awards)			
	Welcome Letter			



### **Step 1: Official Enrolment**

All hospitals and stroke team members that take part in the Initiative have to sign a consent form to accept the terms and conditions. Where applicable this is also the moment to make sure that the contract with the hospital is in place.

For high performing hospitals this first meeting is only a presentation of Angels, its main purpose is to get everyone on board so that you have more support in the observation phase to teach you the best practices in the hospital. This joining moment should be used to motivate the team to want to improve their practice, but also to formalise the project within their hospital.

It could be useful to place some emphasis on the motivational

The challenge here is to make them see what they can gain by joining the project. For hospitals like these, getting them to capture data in RES-Q and being able to compare themselves with their peers could be very useful in convincing them to improve even further.

It is important to show them how easy it is to get an award.

This is also the time for you to learn and to set your standards in your region as you will work with hospitals that transfer the patients to this hospital and/or similar characteristics that can be inspired and motivated by it.

aspects by challenging them to take part in the ESO Angels Awards.

ACTIONS			SUGGESTED MATERIALS		
	Enroll hospital and HCPs on website		Angels Website		
	Hospital contract signed (where needed)		Initial Angels presentation: International perspective, Angels video, <b>mapping</b> , achievements		
	Welcome Pack delivered to Stroke Team		to date, <b>country community</b> , golden standards from another countries (Awards)		
	Initial presentation		Hospital Contract		
	Introduce Quality Monitoring and advantages for improving stroke care		Welcome Pack (Joining Certificate, Brochure, Wing pins)		
	Introduce ESO Angels Awards		RES-Q, SITS QR or Stroke National registry		
			ESO or WSO Angels awards flyer		

### Step 2: Photography/Observation/Quality Monitoring

Get "helicopter view". Get to know the team. Complete the Hospital Resource Form and deeply understand the stroke network. Identify barriers, agree on deadlines/target dates and training. Turn on your Sherlock Holmes!

Your challenge is to get them to capture data in a Stroke registry so that they can compare their performance with others in their network. Use the ESO/ WSO Angels Awards as motivation.

ACTIONS		SUGGESTED MATE
	Hospital Resource Form completed	Hospital Resource
	Initial Hospital Consultancy Plan drafted	RES-Q, SITS QR o
	Ask for hospital statistics	
	Ask hospital to register on a stroke registry	

#### RIALS

e Form

r Stroke National registry



### Step 3: Multidisciplinary meeting

You have now completed your observation and have a much better understanding of the status of stroke care in this hospital. During this meeting you will agree on initial goals and actions for each team member. You could consider making use of the RES-Q reports to show how this hospital is comparing versus their peers. It's important to focus on the motivational aspects such as the awards and the Angels Community to get people engaged.

ACTIONS			SUGGESTED MATERIALS			
	Agree on actions for each team member		Examples of other hospitals or other countries			
	Agree on hospital goals		RES-Q report benchmarking this hospital to their			
	Fill in hospital flowchart (Spagnuolo poster)		community Initial Angels presentation: International			
	Data sharing		perspective, Angels video, mapping, achievements to date, country community, <b>60 min=life video or</b>			
			other motivational videos			
			Guidelines			
			Hospital Consultancy Plan			
			Hospital flowchart (Spagnuolo Poster)			
			"Best door-to-needle time of the month" badges			

### Step 4: Training (with expert videos)

For high performing hospitals we are assuming the stroke basics are in place. A good way to ensure the basics but keep all the team motivated is Body Interact sessions. Create some competition, mix the teams with doctors, nurses, young doctors and let them discuss, asking for examples of their own cases.

Do not overlook the post-acute treatments, as in some cases, the teams are so focused on DTN times that they miss the opportunity to optimize the monitoring and dysphagia screening.

Another point of interest might be the pre-hospital phase to increase

TYPE OF TRAINING:		
	Pre-hospital	
	Clinical decisions (neurologists) - Body Interact	
	Training on pathway (4 priority actions)	
	Training acute phase	
	Dysphagia (nurses)	
	Advanced Imaging techniques	

the right identification, pre-notification and direct to CT cases. It could be the opportunity to get the in-hospital and pre-hospital staff together to excel the stroke pathway.

The checklist will make sure that the training is remembered and implemented so always make sure they are at hand when doing the training.

Use your creativity to make the training as multimodal and experiential as possible.

206	GESTED MATERIALS
	Body Interact (Cases: Darryl #31, Irene #32, Norma #33)
	GUSS training - videos and presentation
	QASC baseline data/FESS training
	Checklists
	Experts videos
	Example videos



## **Step 5: Simulations**

For high performing hospitals the simulation is targeted at auditing the priority actions and to start using the checklists. The first simulation is aimed at practically showing them what they are doing well and where they can still improve. It is a way of having an example to show to other hospitals.

ACT	ACTIONS		
	Get signed approval from administration		
	Agree on action plan and share targets		
	Share a detailed agenda		
	Consider involving the pre-hospital phases		
	Choose the right clinical case		
	Recorded simulation can be shown to other hospitals		

The second simulation is the opportunity to show them what impact the priority action could have and that they are actually very easily implementable.

This is your best tool for helping this hospital improve their performance.

SUGGESTED MATERIALS					
	Stroke Bag		Wing Pins		
	Checklists		Agenda		
	GoPro & Release Form		Simulation Vests		
	Helsinki Poster		Clinical scenario (Irene #32)		
	Action Plan List		Clinical tests from Body Interact or Brainomix (ex. #2) for CT Imaging		

NOTE: Refer to Simulation Checklist for more details

### Step 6: Community

They need to understand what's in it for them. It could be very useful to get them to present their data to others in their region at regional or national meetings.

Some of the tools at your disposal to make this easier include the status and marketing potential of the ESO Angels Awards, and the opportunity to show off their data at a regional meeting.

Making them part of a community puts more pressure on them to always deliver an excellent performance. Basecamp or the Website Community section could be useful to tell their story.

ACT	ACTIONS			
	Invite Stroke Team to Angels Facebook closed group			
	Invite teams to write stories			
	Organize regional/national Workshops to connect the Stroke Team to other teams in their network			

Your main aim is to foster new leaders in this hospital/network that can take this community into the next level and keep it there.

Keep in mind that it is good for them to be part of this community to have recognition; it is good for them and the others as they are an example to follow and, ultimately, it is great for us to have them on board as we have a national bright spot on our side, and if they join Angels and see that they could gain something, other teams will not have a good excuse to not be part of Angels.

#### SUGGESTED MATERIALS

Angels Facebook closed group

Website Community section/Angels Journey