# **CONSULTANCY CHECKLIST NEW HOSPITAL**



(Did not treat before) Requires approximately 10 days of consultancy **HOSPITAL INFORMATION CONTACT DETAILS:** ADDRESS: STROKE CHAMPION: **HOSPITAL STATUS** Door to Treatment Time Recanalization Rate Referral Network Stroke Unit Diagnose Pre-hospital Priority Actions Choose Hospital **EMS Transport** POC test Hyper-acute Priority Actions Pre-notify Direct to CT Treat at CT Bleed/no bleed Contraindications **Decision Making Priority Actions** Diagnose Severity Post-acute Priority Actions Fever Sugar Swallowing Checklists available and used for every patient **Step 0: Hospital First Contact** New hospitals have probably never treated before and were not reasons for not treating so it may take some convincing to get them previously considered part of the Stroke Network. They may have to join the Stroke Network and to join Angels. been approached because they can help fill a geographical area that Start with WHY! is currently not covered. Keep in mind that they might have inherent **ACTIONS SUGGESTED MATERIALS** Approve hospital/HCP on Angels Website Hospital contract Make contact with hospital/HCP Hospital Resource Form Initial Angels presentation: International perspective, Set date for first meeting with hospital/HCP Angels video, mapping, achievements to date, country community, examples of status quo of other Send Welcome Letter hospitals in the region Find point of contact/entrance Welcome Letter (if hospital didn't enrol by themselves) Meet the Stroke Team Identify stroke champion Meet hospital director/head of department





## **Step 1: Official Enrolment**

For new hospitals this first meeting is only a presentation of Angels, its main purpose is to get everyone on board so that you have more support in the observation phase. This is not the time for interventions yet. All hospitals and Stroke Team members that take part in the Initiative have to sign a consent form to accept the

terms and conditions. Where applicable this is also the moment to make sure that the contract with the hospital is in place. This joining moment should be used to motivate the team to want to improve their practice, but also to formalise the project within their hospital.

| ACTIONS   | SUGGESTED MATERIALS  |  |  |  |  |
|---|--|--|--|--|--|
| Enroll hospital and HCPs on Website and Basecamp  | Angels Website   |  |  |  |  |
| Hospital contract signed (where needed)   | Initial Angels presentation: International   |  |  |  |  |
| Welcome pack delivered to Stroke Team   | perspective, Angels video, <b>mapping</b> , achievements to date, <b>country community</b> |  |  |  |  |
| Initial presentation  | Hospital Contract  |  |  |  |  |
|   | Welcome Pack (Joining Certificate, Brochure, Wing Pins)                                    |  |  |  |  |
|   | Angels Facebook closed group   |  |  |  |  |
|   |  |  |  |  |  |
|   |  |  |  |  |  |
| Step 2: Photography/Observation   |  |  |  |  |  |
| Get "helicopter view". Get to know the team. Complete the Hospital Resource Form and deeply understand the stroke network. Identify barriers, agree on deadlines/target dates and training. Turn on your Sherlock Holmes! Requires 1/2 days of consultancy in the hospital. |  |  |  |  |  |
| ACTIONS   | SUGGESTED MATERIALS  |  |  |  |  |
|   | Hospital Resource Form   |  |  |  |  |
| Hospital Resource Form completed  | Trospital Resource Form  |  |  |  |  |

## Step 3: Multidisciplinary meeting

You have now completed your observation and have a much better understanding of the status of stroke care in this hospital. During this meeting you will create a core Stroke Team and agree on initial goals and actions for each team member. You could consider making use

of the Stickers or Stations exercises to make the intervention more practical. It's important to focus on the motivational aspects of the Angels Community to get people engaged.

| ACT | ACTIONS  |  |  |  |  |
|-----|--|--|--|--|--|
|     | Meet the Stroke Team   |  |  |  |  |
|     | Agree on action plan   |  |  |  |  |
|     | Agree on hospital goals: start to treat the first patient and reach the goal of 5 patients in one year |  |  |  |  |
|     | Checklists review and distribution (according to National Stroke guidelines)                           |  |  |  |  |
|     | Get administration on board (for rtPA reimbursement/access, medical director – protocols etc.)         |  |  |  |  |

| SUGGESTED MATERIALS |  |  |  |  |
|---------------------|--|--|--|--|
|                     | Examples of other hospitals or other countries   |  |  |  |
|                     | Initial Angels presentation: International perspective, Angels video, mapping, achievements to date, country community, 60 min=life video or other motivational videos |  |  |  |
|                     | Guidelines   |  |  |  |
|                     | Hospital Consultancy Plan  |  |  |  |



## Step 4: Training (with local hospital expert or regional leader/expert)

New hospitals need expert guidance as they will start doing something they have probably never done, or have done in only rare cases. We recommend on-site training in the hospital and also

consider using a local expert that can answer their concerns and serve as a mentor for their first couple of cases.

| PE OF TRAINING:   | SUGGESTED MATERIALS   |
|---|---|
| Stroke basics (Doctors and Nurses)  | Stroke basics presentation  |
| Guidelines & Checklists   | NIHSS training videos and presentation  |
| NIHSS   | Body Interact (Cases: Darryl #31, Irene #32, Norma #33)   |
| Clinical decisions (neurologists) - Body Interact   | Triage training   |
| Pre-hospital  | Checklists  |
| Training on pathway (4 priority actions)  | Experts videos  |
| Other (e.g. drug administration)  | Example videos  |
|   | Stations exercise   |
|   | Simulated training  |
| new hospitals the simulation is aimed at practically applying all<br>knowledge they have gained during their training. The idea is for<br>a to get used to preforming the actions learned, to practically | hospital expert or regional leader/exper implement the guidelines through using the checklists in a simulate environment. Focus on clinical decision and stroke pathway. Consider to invite the team to attend a workshop in Simulation center. |
| TIONS   | SUGGESTED MATERIALS   |
| Get signed approval from administration   | Stroke Bag Agenda   |
| Agree on action plan and share targets  | Checklists Simulation Vests   |
| Share a detailed agenda   | GoPro or Clinical scenario  |
| Consider involving the pre-hospital phases  | camera (Irene #32)  |
|   |   |
| Choose the right clinical case  | Helsinki Poster  Clinical tests from Body Interact or Brainomix (ex #2) for CT Imaging  |

Wing Pins

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#### **Step 6: Quality Monitoring and Follow-up**

Hospitals often have an aversion to auditing or quality monitoring as it sounds like more work and it might show how bad they are. Shrink the change by starting them of on using the Helsinki Poster and position it as "progress monitoring" rather than quality monitoring. If the hospital is fully engaged you can suggest that they join the RES-Q Registry but be careful of asking for too much at this stage.

| ACTIONS   | SUGGESTED MATERIALS                           |
|---|---|
| Make first cross on the Helsinki Poster   | Helsinki Poster                               |
| Discuss the first treatment during a multidisciplinary meeting  | RES-Q, SITS QR or National stroke registry    |
| Hospital gets a "First treatment digital badge" on the Angels website, to celebrate the treatment of their first stroke patient | Patient Poster  First treatment digital badge |
| Follow up: do not leave hospital alone. the goal is to increase the number of treated patients                                  |   |

#### **Step 7: Community**

Motivation is a key aspect for new hospitals. They need to feel part of the Angels Community. Keep in mind that they are new to the stroke community so it's important to nurture their relationships with others in their community. They may feel very lonely if not supported by others so it's important that they are integrated and provided

ACTIONS

Propose this hospital for a Story in the website

Set up a mentoring arrangement with the local expert

Make the hospital part of a network

Invite stroke team to Angels Facebook closed group

with a mentor as soon as possible. It's important to make an effort to make them part of the community and to make them feel welcome. Basecamp or the Website community section could be useful to tell their story. As the community leader you should go out of your way to integrate them.

| SUGGESTED MATERIALS                      |  |  |  |
|--|--|--|--|
| Website community section/Angels Journey |  |  |  |

