



## REGIONAL ANGELS STRATEGY & ACTION PLAN CHECKLIST



| REGION INFORMATION   |   |
|--|---|
| Name   |   |
| Population   | Area  |
| Estimated # of strokes p.a.  | Stroke ready hospitals needed   |
| Comprehensive centers needed   | Name of regional coordinator  |
|  |   |
| CONSULTANTS' ROLES AND RESPONSIBILITIE   | ES CONTRACTOR OF THE PROPERTY |
| Create, develop and update the Angels regional wo  | rking group Create commitment   |
| Create and constantly refresh the regional Angels  |   |
| Work as cross-contaminant (since you are working in<br>angels consultants at national level and abroad, you<br>best practices) | n a wider territory and since you are in tight contact with other<br>are the best person who can bring relevant examples and share  |
| Regularly update them about the relevant events in   | the region (angels simulations, workshops,  |
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### Step 0: Angels Regional Working group

In every region, identify your regional working group. They will be the KOLs who will closely work together with you to develop your strategy. Your regional working group should include:

- Regional coordinator of stroke network
- EMS regional coordinator
- Neuroradiologist
- Rehabilitation representative

| SUGGESTED MATERIALS |          |  |
|---------------------|----------|--|
|                     | KOLs map |  |
|                     |          |  |

- Political representative
- Regional coordinator of registry/ quality monitoring (if applicable).
- Stroke champion (in every region identify your Angels reference center and a meaningful member of the stroke team, who can share his/her experiences and who can be an example for others)
- Nurse representative
- Patient association representative

| ACTI | ONS   |
|------|---|
|      | Fill in the Regional KOLs map   |
|      | Create a regional working group mailing list/<br>Basecamp / WhatsApp group  |
|      | "Angels Regional working group" kick-off: officially announce the working group via email (mailing list) and clearly state the roles and responsibilities of the participants |
|      | Organize recurrent regional working group (e.g. every 6, 4 or 3 months according to their needs)  |
|      | During the first regional working group, work on<br>the "Angels Regional Action Plan" and then share<br>it with your group  |



#### Step 1: Stroke Goals & Map - Angels Regional Action Plan

According to the estimated # of strokes, work with you "Angels Regional working group" to identify your goals in terms of **number** of stroke treating hospitals and a good **geographical coverage**.

This is the first point of your "Angels Regional Action Plan". Second key point is the Angels development in the region, starting from the number of Angels Stroke centres in the region "now". Remember to set up a SMART goal: Achievable and Timing

| ACTIONS      | ACTIONS |   |  |  |  |
|--------------|---------|---|--|--|--|
| Mapping tool |         | Set up the <b>targets</b> with your Regional working group and the <b>deadline</b>                |  |  |  |
|              | #       | of Stroke treating hospitals needed   |  |  |  |
|              | 1       | Map of the Stroke treating hospitals  |  |  |  |
|              |         | of Angels Stroke centres in the region we want to nvolve  |  |  |  |
|              |         | of Angels Stroke centres in the region that reached at least the gold status                      |  |  |  |
|              |         | Create a <b>plan</b> for the regional Angels activities<br>(e.g. workshops)                       |  |  |  |
|              |         | Create a <b>report</b> of the Action Plan and officially share it with the Regional working group |  |  |  |
|              |         |   |  |  |  |

| Step | 2: | Stand | lardize | protoco |  |
|------|----|-------|---------|---------|--|
|------|----|-------|---------|---------|--|

Work with your regional workgroup to create or to optimize the regional protocol.

| SUG | SUGGESTED MATERIALS   |  |  |
|-----|---|--|--|
|     | Angels Checklists   |  |  |
|     | Country level Strategy ppt (you can find it in Angels Academy webpage |  |  |

#### Step 3: Consultancy process in every hospital

Ensure to complete the consultancy process in every hospital of the region

| SUG | GESTED MATERIALS |
|-----|------------------|
|     | Mapping tool     |
|     | MI               |
|     |                  |

| ACT | ACTIONS  |  |  |  |  |
|-----|--|--|--|--|--|
|     | Ensure to complete the whole consultancy process in all hospitals of the region      |  |  |  |  |
|     | Update the Regional working group about the plan of your activities in the hospitals |  |  |  |  |
|     | Agree on a Simulation plan with your working group                                   |  |  |  |  |



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Identify a regional quality monitoring system and create commitment and competition

| SUC | SUGGESTED MATERIALS   |  |  |  |
|-----|---|--|--|--|
|     | ESO Angels awards   |  |  |  |
|     | Helsinki Poster   |  |  |  |
|     | Registries (ResQ, SITS)   |  |  |  |
|     | Country level Strategy ppt - Czech<br>Republic (you can find it in Angels<br>Academy webpage) |  |  |  |

| ACT | ACTIONS   |  |  |
|-----|---|--|--|
|     | Identify a regional quality monitoring system   |  |  |
|     | Create competition  |  |  |
|     | Feedback (share the report with every hospital in the region from the regional coordinator, during a face to face meeting or mailing list ) |  |  |
|     | Agree on a number of "at least gold Hospitals" in the region  |  |  |

# **Step 5: Regional community**

Your role as a consultant is to be the link among these people create and develop the regional Angels community

| SUG | SUGGESTED MATERIALS           |  |  |  |  |
|-----|-------------------------------|--|--|--|--|
|     | Basecamp                      |  |  |  |  |
|     | Regional Mailing list         |  |  |  |  |
|     | Angels website community page |  |  |  |  |
|     | Angels national journal       |  |  |  |  |

| ACTIONS |   |
|---------|---|
|         | Organize regional workshops (adjust the <b>goal</b> and <b>contents</b> of the <b>agenda</b> of the workshop, based on the needs - combine training and strategical sessions) |
|         | Create and develop the regional Angels community (events, Basecamp groups)  |
|         |   |

